



## Timing Guidance

	Lighter	Warmer	Ombre (bleach application to body only)	Soften structure	Even colour (cover greys/white /multi tonal hair)
Fine	Up to 10 minutes	Up to 10 minutes	Up to 10 minutes	n/a	10 minutes
Normal	Up to 15 minutes	Up to 15 minutes	Up to 15 minutes	n/a	15 minutes
Course/ thick	Up to 20 minutes	Up to 15 minutes	Up to 20 minutes	10 - 15 minutes	20 minutes
Pre-treated*	Up to 15 minutes	Up to 10 minutes	Up to 15 minutes	10 minutes	15 minutes